German Cockroach Preparation list

- 1. Clean the kitchen prior to the pest control visit and maintain as neatly as possible for long term results. This helps to eliminate competing food sources for the insects. Additionally, when the kitchen is clean, the roaches will be more easily attracted to the bait and not to food sources.
- 2. Empty all kitchen cupboards, drawers, & pantry. As much as possible can be put in refrigerator. Foodstuffs can be put in sealed containers can be placed in boxes or onto covered table. Cutlery, cooking utensils, etc. need to all be out of drawers and put into boxes or onto covered table.
- 3. Cover any items near the area of treatment that cannot be removed.
- 4. Mop/scrub kitchen and other hard floors and woodwork with detergent.
- 5. Vacuum up any visible roaches and eggs just before the service visit, using the crevice attachment to get into cracks. After vacuuming, take the vacuum cleaner outside, remove the vacuum bag, seal it, and discard in trash. Take a damp cloth and wipe down the entire vacuum cleaner. Continue to vacuum or otherwise kill any roaches that are seen.
- 6. Remove items from above the refrigerator, stove and any other such movable appliances. Prior to the service, move these appliances away from the wall and clean behind and beneath them. Please keep these appliances out so we can treat behind them.
- 7. Be sure that the pest control operator has free and full access to anywhere that cockroaches have been seen.
- 8. Clean and clear outside area and clear for a treatment.
- 9. Empty hot water cupboard.
- 10. After service, keep sanitation to as high a level as possible to allow all products to work as swiftly as possible. Do not touch cockroach gel.
- 11. REMOVE PETS FOR DAY OF TREATMENT AND VACATE THE PROPERTY FOR 4 HOURS (FOR SPRAY) AND ALL PERSONS HAVING ACCESS ARE AWARE OF TREATMENT AND RE ACCESS TIMES

After Treatment

- Upon returning immediately open windows and doors to ventilate property.
- Clean all food preparation areas thoroughly.
- Refrain from using cleaning products on treated surfaces for 3 months.
- Maintain a high level of hygiene and housekeeping to avoid re-infestation.

Prevention of cockroaches

- 1. Clean your kitchen and any other food preparation areas every day.
- 2. Remove rubbish and food scraps from inside your apartment/house every day.

- 3. Clean behind the fridge every month to prevent cockroaches from breeding.
- 4. Clean kitchen cupboards that are used to store food on a regular basis (at least every month).
- 5. Always keep food stored in airtight containers including dried food (e.g. floor, rice, spices, pasta), and vegetables (e.g. onions, potatoes).
- 6. Avoid killing cockroaches by squashing them as they drop their eggs and the problem becomes worse.
- 7. Do not use products or chemicals purchased from a shop as they will not stop the infestation.
- 8. Do not touch cockroach traps or bait that the technician has put in your apartment/house. You can visually check the traps, and if there are still live cockroaches in the traps after four weeks from your treatment date then contact Alpeco on 0800ALPECO or 07 21 31 317